Expediton Kit List

TO WEAR WALKING	1x pr Walking Boots (broken in) / Trainers (Bronze Only)	
	1x pair Walking Socks	
	1x Thermal top / tee shirt	
	1x Shirt	
	1x Sweater (woollen or fleece)	
	1x Walking trousers (warm; NOT jeans)	
PERSONAL KIT (TO CARRY)	1x Large Rucksack (approximately 55-65litre capacity)	
	2x Strong, large plastic bags (to line your rucksack)	
	1x Sleeping mat	
	1x Sleeping bag (in a waterproof bag)	
	1x Sleeping bag inner (optional)	
	1x Survival bag	
	1x Personal First Aid Kit	
	1x Watch	
	1x Whistle	
	Small quantity of money (optional)	
	1x Notebook & pen/pencil	
	1x Torch & spare battery(e.g. Mini Maglite or headtorch)	
	1x Emergency food rations (NOT to be eaten until end!)	
	1x Water bottle (e.g. Sigg or strong plastic- 2litres)	
	1x Knife, fork, spoon	
	1x Pocket Knife (small)	
	1x Plate/bowl	
	1x Mug	
	1x Wash kit (small)	
	1x Towel (small)	
	1x Cagoule/coat (it must be waterproof and windproof)	
	2x pairs Underwear	
	2x pairs Walking socks	
	2x Tee shirts	
	1x Shirt (woollen, cotton or fleece)	
	1x Spare sweater (woollen or fleece)	
	1x Spare walking trousers (NOT jeans)	
	1x pair of trainers (optional)	
	1x Hat (warm)	
	1x pair Gloves (woollen)	
	1x pair Shorts (if appropriate)	
	1x Sunhat & sun cream (if appropriate)	
	1x Thermal long johns (optional)	
	1x pair Gaiters (optional)	
	1x Waterproof overtrousers (essential for Wild Country)	
GROUP KIT (to carry between the team)	1-2x Tents	
	2-3x Stoves (& fuel)	
	1x Box of matches (sealed in a dry container or bag)	
	2-3x Cooking pots	
	2x scourers	
	Maps (1:50 000 1:25 000)	
	1 Compass (Silva type)	
	Map cases	
	1x Camera & film (optional)	
	2x Tea towels	
	1x Pack of cards (optional)	
	5x Plastic bags (for rubbish etc.)	
	Food (small & lightweight)	

Kent Scouts 2007 (original from www.theaward.org.uk)